MASON CITY SURGERY CENTER

# SUTAB INSTRUCTION CHECKLIST:
# (DO NOT USE THIS PREP IF YOU HAVE SEVERE KIDNEY DISEASE)

## DAY PRIOR TO YOUR PROCEDURE:

- **No solid food all day.** Clear liquids per Colonoscopy instructions.
- **Obtain SUTAB from your pharmacy** if you have not already done so.

**6:00 pm EVENING PRIOR TO YOUR PROCEDURE: (first half of prep)**

**STEP 1:** Open one bottle of SUTAB (12 tablets).

**STEP 2:** Fill the provided container with 16 ounces of water (up to the fill line)

- Take one tablet with a sip of water every 1 to 2 minutes.
- Take all 12 tablets and liquid within 20 minutes of starting.

***30 minutes if feeling nauseated**

**STEP 3: Approximately 1 hour after last tablet (approximately 7:30pm):**

- Fill the container with water up to the fill line (16 ounces) and drink the entire amount over 30 minutes.

**STEP 4: Approximately 30 minutes after finishing the second container of water:**

- Fill the container with water up to the fill line (16 ounces) and drink the entire amount over 30 minutes.

- Continue drinking clear liquids while awake through the night.
- Walk as much as possible during the preparation, as this enhances the preparation results.

## THE MORNING OF YOUR PROCEDURE: (second half of prep)

**During the PreAdmission phone call, your nurse will give you the time to begin the second half of your prep** (which is typically 6 hours prior to your scheduled procedure):

- **Repeat Steps 1 through 3** with the 2nd bottle of SUTAB (12 tablets) (Take tablets and drink as directed in Steps 2 through 3 above)
- Continue drinking clear liquids **until the time you were told to have nothing by mouth.** Please, no coffee the morning of your procedure.
- Walk as much as possible during the preparation, as this enhances the preparation results.

**If you are unable to drink the entire prep or if you are still having bowel movements that are not clear/yellow,** please call the Mason City Surgery Center **(494-2000)** and ask to speak to a PreOperative nurse. If able, we may have you arrive earlier than your scheduled time to drink additional prep to further clear the colon so the procedure does not have to be cancelled.